

Use Insect Repellents Safely!

Dress to Repel!!

Don't Do

do this Stuff this Stuff

Don't put it on Cuts, Sunburns or Rashes!

Don't Spray your Face!

Don't Breathe Repellents!

Don't use it on little kids' hands

Don't use it under clothes!

Do Wear light-colored clothing!
(so you can see bugs and ticks and remove them)

Do Follow the Directions

Do Spray only outdoors!

Do Wash off Repellent when you go indoors!

Do Wear a long-Sleeved Shirt and Long Pants!

Do Tuck pants into socks!

DEET

Soap